

FAMILY PLANNING: A KEY COMPONENT OF POST ABORTION CARE

**Consensus Statement
(USAID – FIGO – ICM – ICN)**

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The need of “consensus statements”

- **Health issues, which have been controversial or where the proven solution is not applied in spite of the evidences.**
- **Women health and wellbeing is affected by the lack of action**
- **The prestige of the organization can help to move the providers to follow the recommendations**

Examples of FIGO Statements

- **Mechanism of Action. How do levonorgestrel-only emergency contraceptive pills prevent pregnancy?**
- **MISOPROSTOL. 2012 Recommended Dosages**
- **Prevention of Post-partum hemorrhage**
- **Family planning: a key component of post abortion care (With ICM, ICN, USAID)**

Why is post abortion family planning important?

- **Unsafe abortion is one of the main causes of maternal death in developing countries where abortion is not legal**
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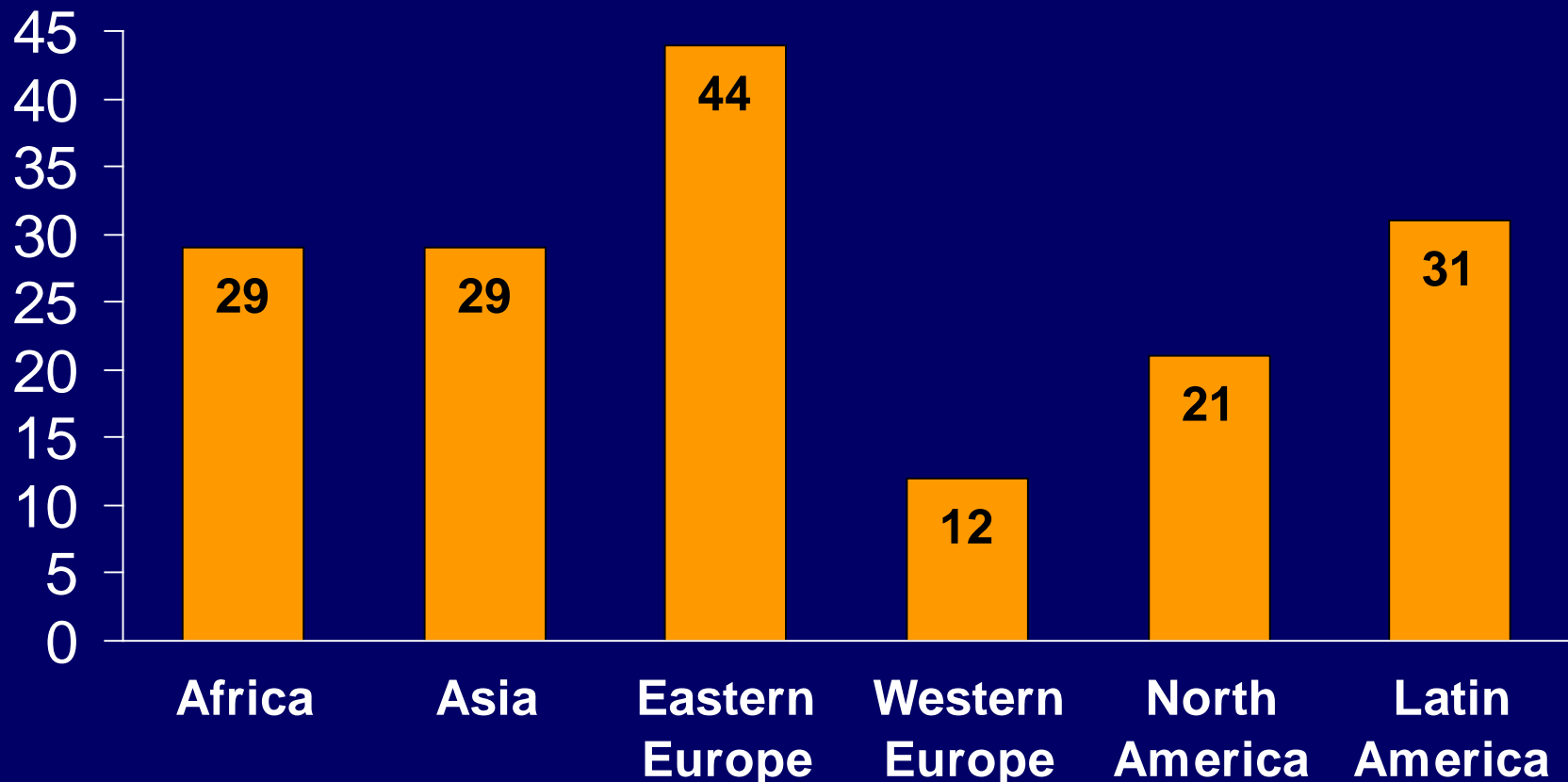
Maternal Mortality due to unsafe abortion

Depends on:

- 1. The rate of induced
abortion**

Abortion rate according to world region

Abortion/ 1000 women 15-44 years



Source: Sedgh et al. The Lancet, 370(9595):1338-1345. 2007

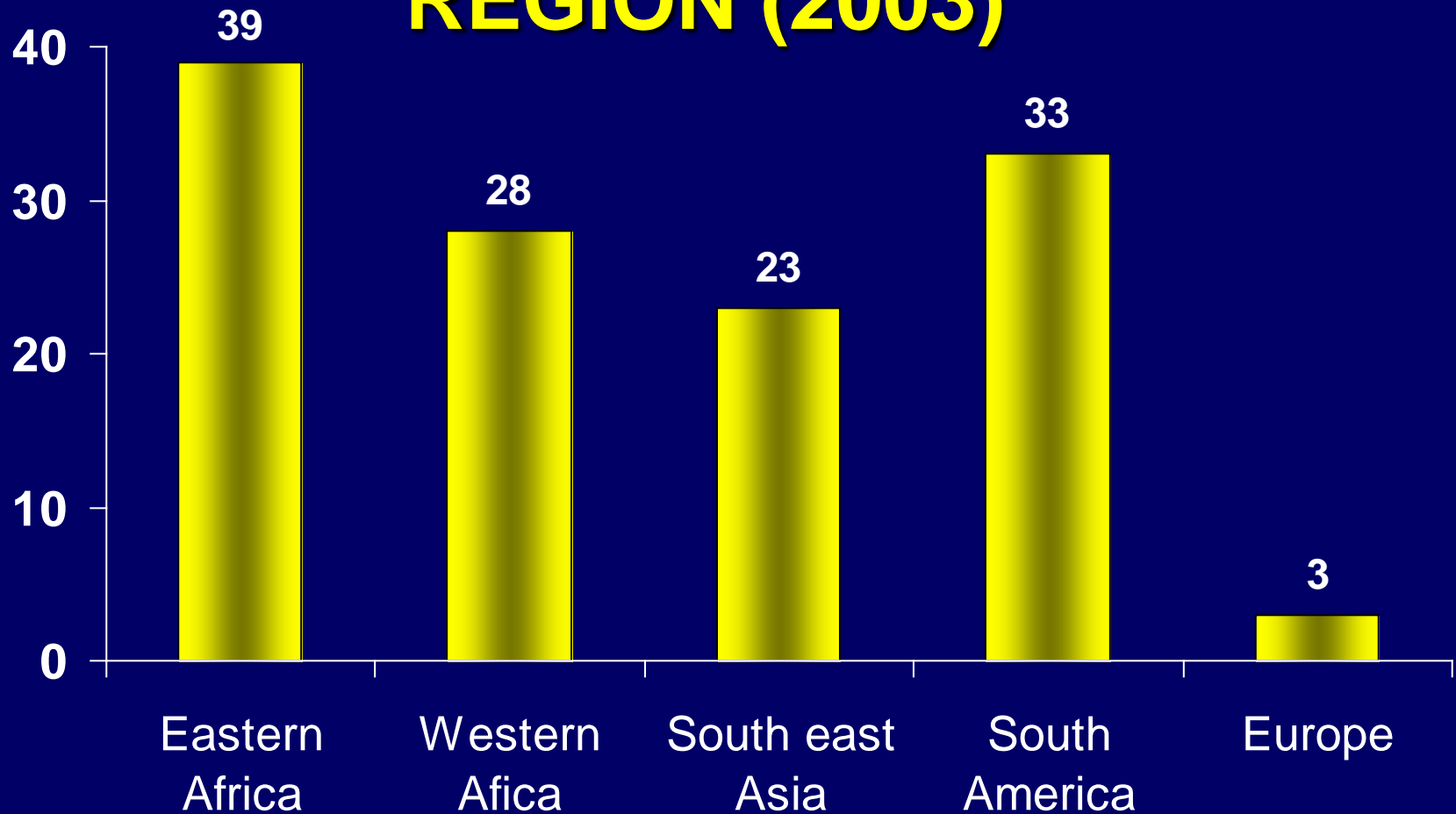
Maternal Mortality due to unsafe abortion

Depends on:

1. The rate of induced abortion

2. The proportion of induced abortion that are illegal and unsafe

UNSAFE ABORTION RATE PER 1000 WOMEN 15-44 ACCORDING TO SUB-REGION (2003)



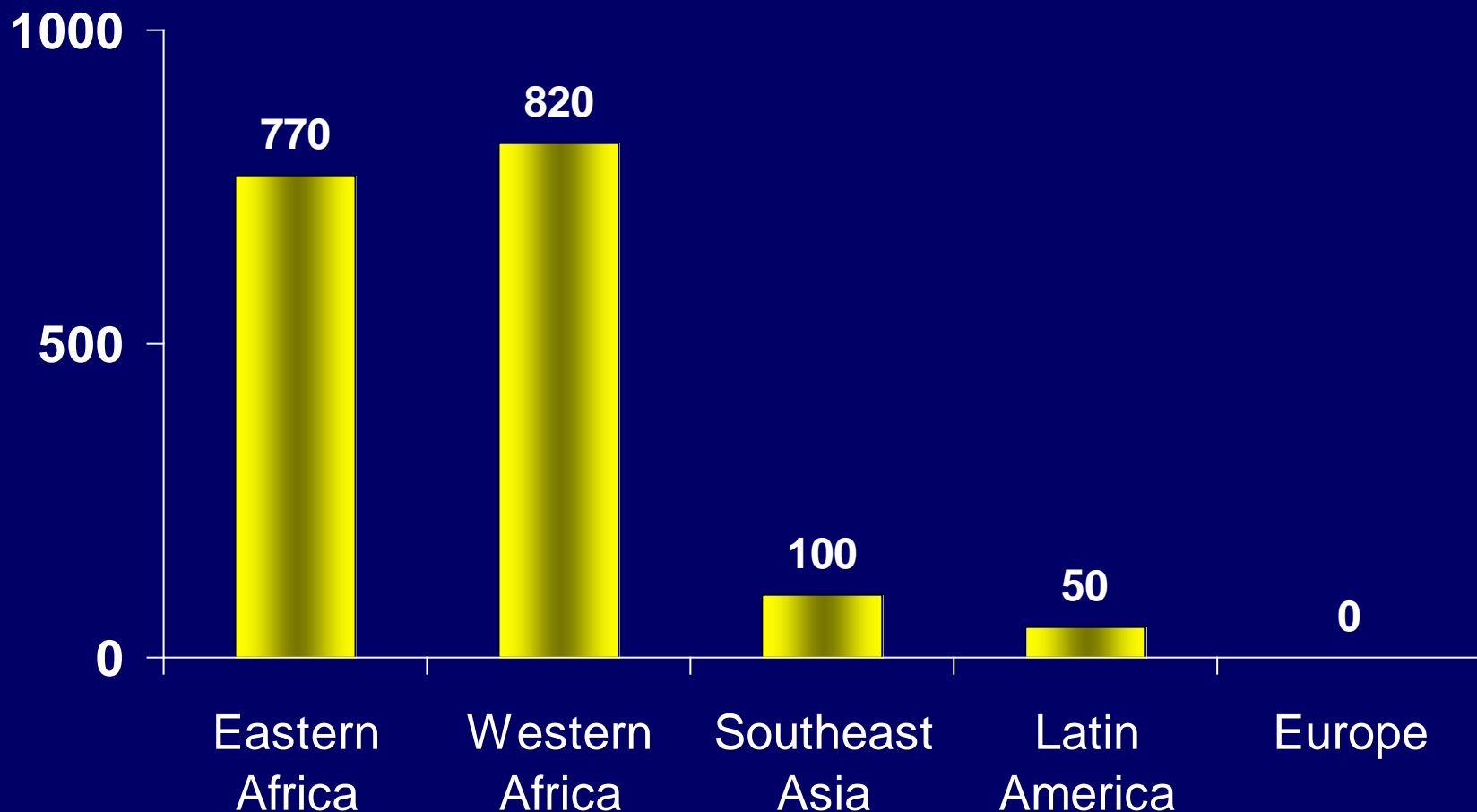
Source: WHO. Global and regional estimates of the incidence of unsafe abortion and associated mortality in 2003. 5th Edition. Geneva: WHO, 2007

Maternal Mortality due to unsafe abortion

Depends on:

- 1. The rate of induced abortion**
- 2. The proportion of induced abortion that are illegal and unsafe**
- 3. Severity of the risk**

NUMBER OF DEATHS PER 100.000 UNSAFE ABORTION ACCORDING TO SUB-REGION



Source: WHO. Global and regional estimates of the incidence of unsafe abortion and associated mortality in 2003. 5th Edition. Geneva: WHO, 2007

FIGO recommended strategies to prevent unsafe abortion

- **Primary Prevention:** Less unintended pregnancies and abortions

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- **Primary Prevention:** Less unintended pregnancies and abortions
- **Secondary Prevention:** Non preventable abortions should be safe

FIGO recommended strategies to prevent unsafe abortion

- **Tertiary Prevention:** Unsafe abortions do not complicate and kill the woman

FIGO recommended strategies to prevent unsafe abortion

- **Tertiary Prevention:** Unsafe abortions do not complicate and kill the woman
- **Quaternary Prevention:** Post-abortion counseling and services to prevent repeated abortions

Statement in post-abortion family planning

- **Supports the most important strategy aiming the prevention of unsafe abortion**

Statement in post-abortion family planning

- **Every woman admitted for incomplete induced abortion is telling us she feels that she cannot have a (another) child**

Statement in post-abortion family planning

- **All post-abortion women, including miscarriages, should receive voluntary post abortion family planning counseling.**

Statement in post-abortion family planning

- A wide range of contraceptive methods with emphasis, in long-acting and permanent methods, should be offered and accompanied by simple written instructions.

Statement in post-abortion family planning

- **Post abortion family planning uptake is high when quality services are offered before discharge.**
- **[**

Statement in post-abortion family planning

- **Provision of universal access to post abortion family planning should be a standard of practice for doctors, nurses, and midwives.**

THANK YOU FOR YOUR ATTENTION!

