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The Present, Past and Future: Malawi's Quest to reach its MDG Family Planning Goal

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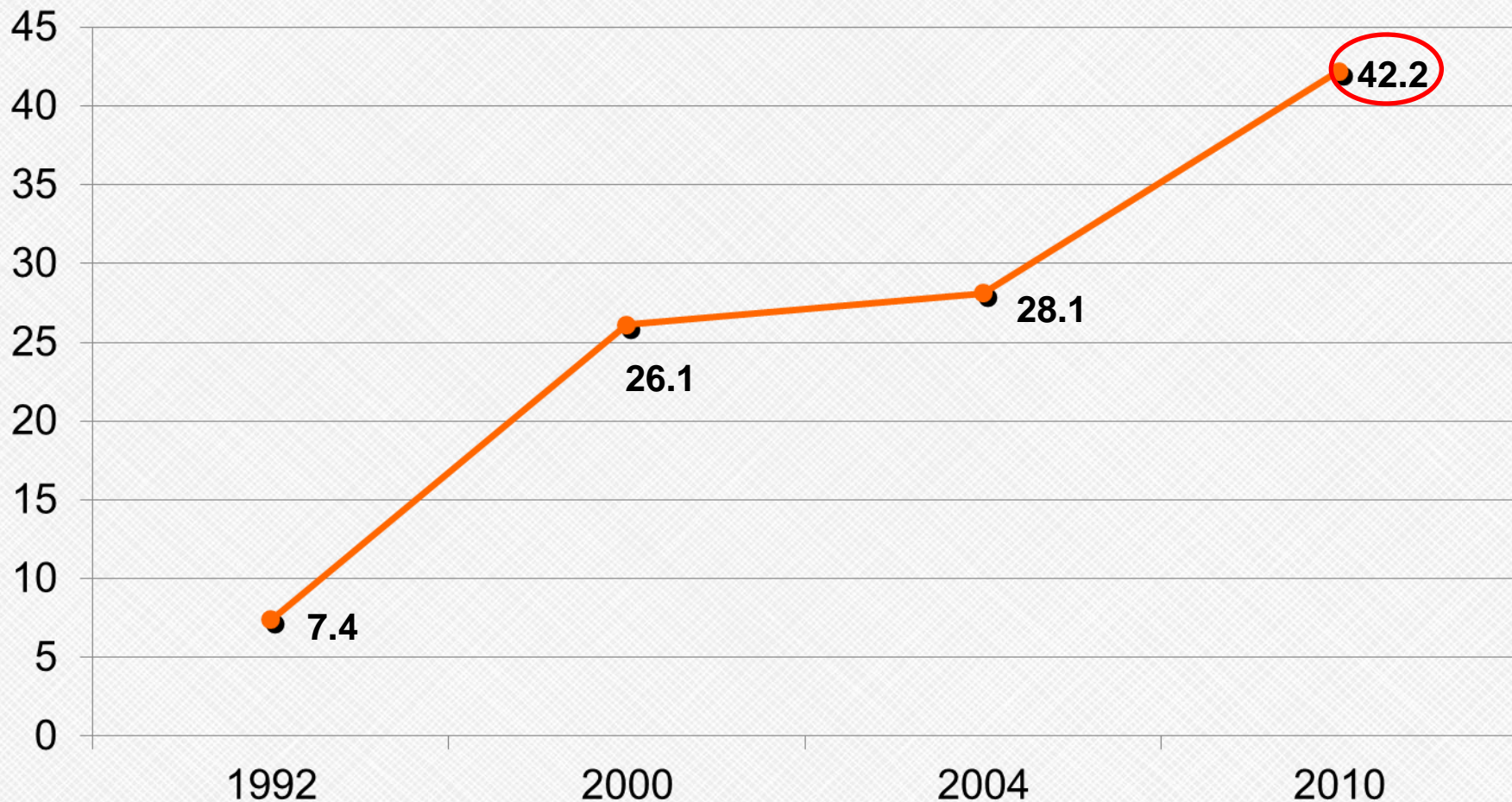


Managing Partner: EngenderHealth; Associated Partners: FHI 360; Futures Institute; Johns Hopkins Bloomberg School of Public Health Center for Communication Programs; Meridian Group International, Inc.; Population Council



- The remarkable road from Past to Present
- 3 Future Scenarios:
 - What will it take for Malawi to reach the family planning MDG?
 - What will it cost?
 - What are the health benefits for women and families?

% Modern Method Use (CPR) is Impressive and Climbing (married women)



National Family Planning
Goal is to make family
planning

“...accessible, acceptable,
and affordable to all
women, men, and young
people of Malawi”.

(MOH National SRH Rights and Policy, 2009).



- Family planning is considered a “norm” among married women
 - 72% Total Demand for FP (current users and those who want to space or limit births)
- Many married women want to limit births (38%) as well as space the next birth (35%)
- Unmet Need for FP is still high (26%)
- Fertility high at 5.7: means 1.2 more children than wanted fertility

The bottom line: Malawians professionals and partners agree that programs must address fertility for health and development reasons.

To meet the demand for family planning now - and in the future....

what will the Malawi program need to do?

Let's look at 3 scenarios...



Scenario 1: **No Change** from 2010 CPR levels through 2015
(no annual increase)

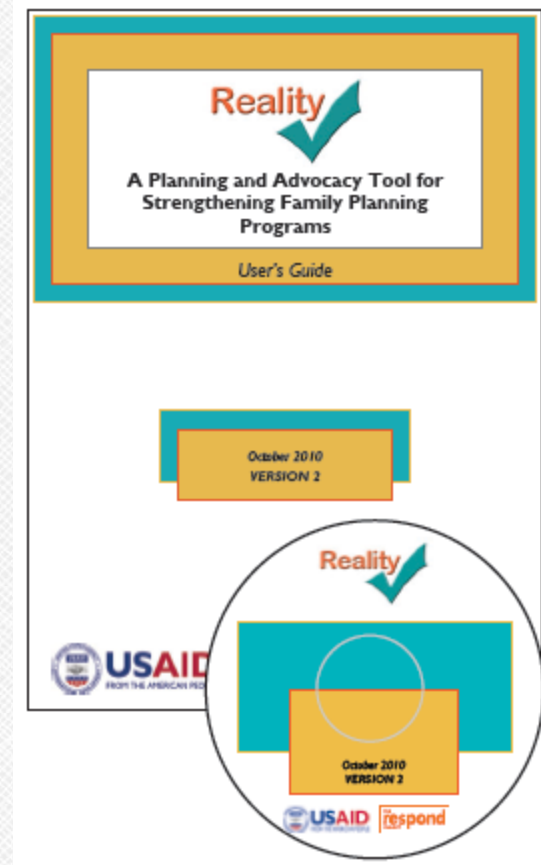
Scenario 2: **Continue current increase** rate of 1.6%
(increase at same rate)

Scenario 3: Meet MDG target (annual **increase** of 3.7%)

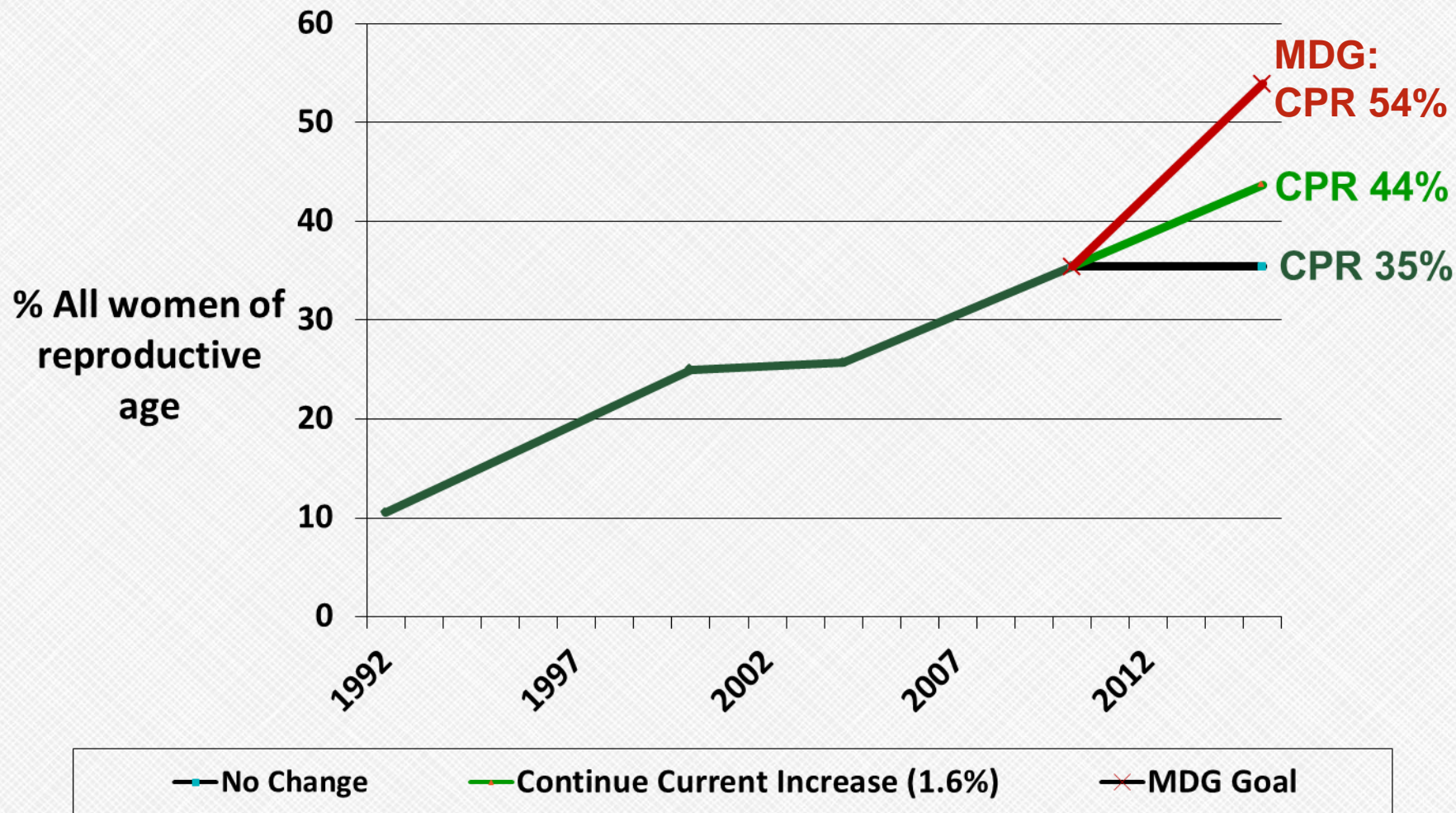
Note: MDG target is more than double the current annual increase of 1.6% (all women)

- **Provides** informed estimates of need
 - Tests multiple scenarios in minutes → “*What if...*”
 - Flexible level of analyses: national, regional, district, site

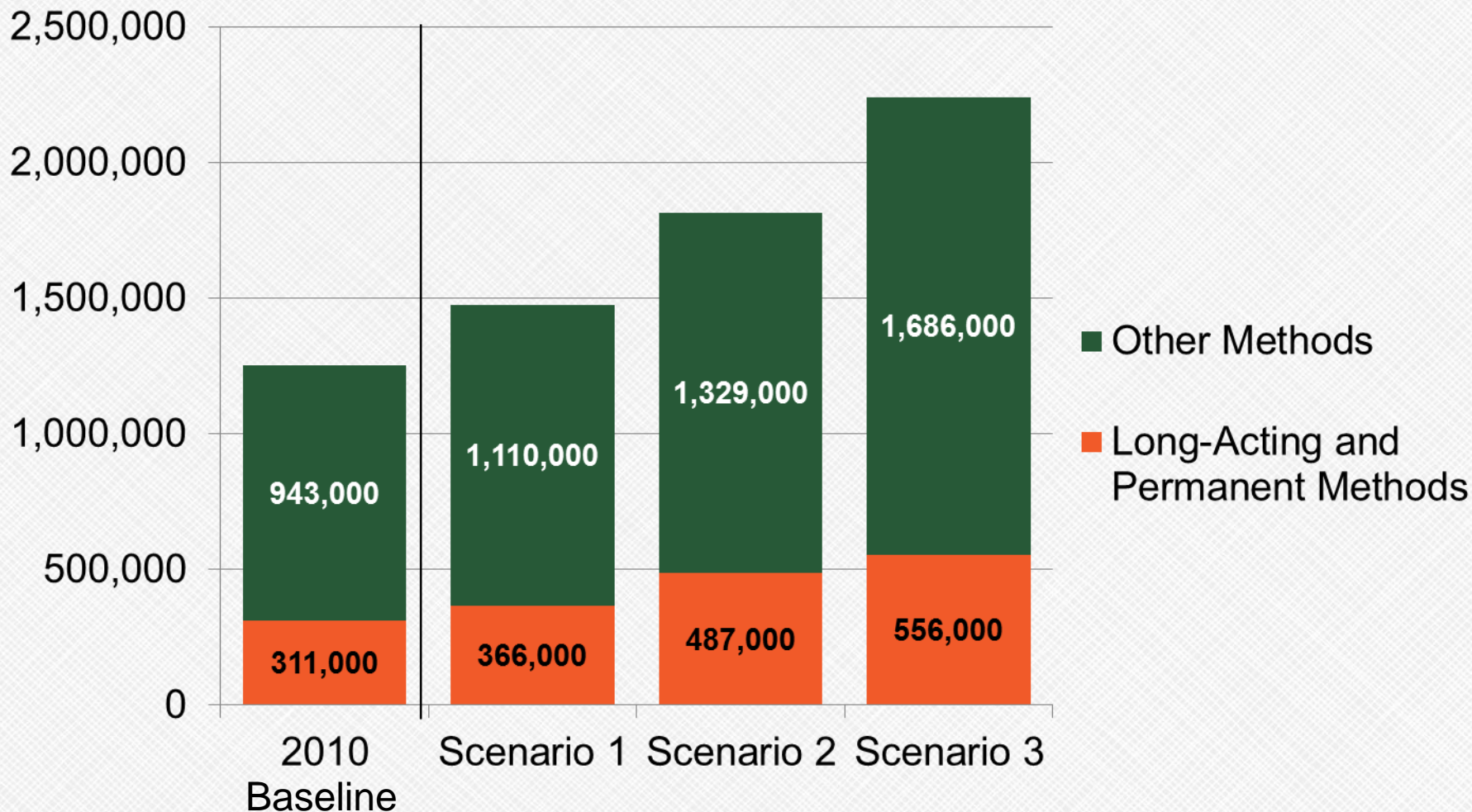
- **User-friendly**
 - Excel-based worksheets, graphs
 - User’s Guide (English and French)
 - Minimal data requirements
 - *CPR Data*
 - *Population Data*



Results - 3 Possible future scenarios to meet family planning needs by 2015



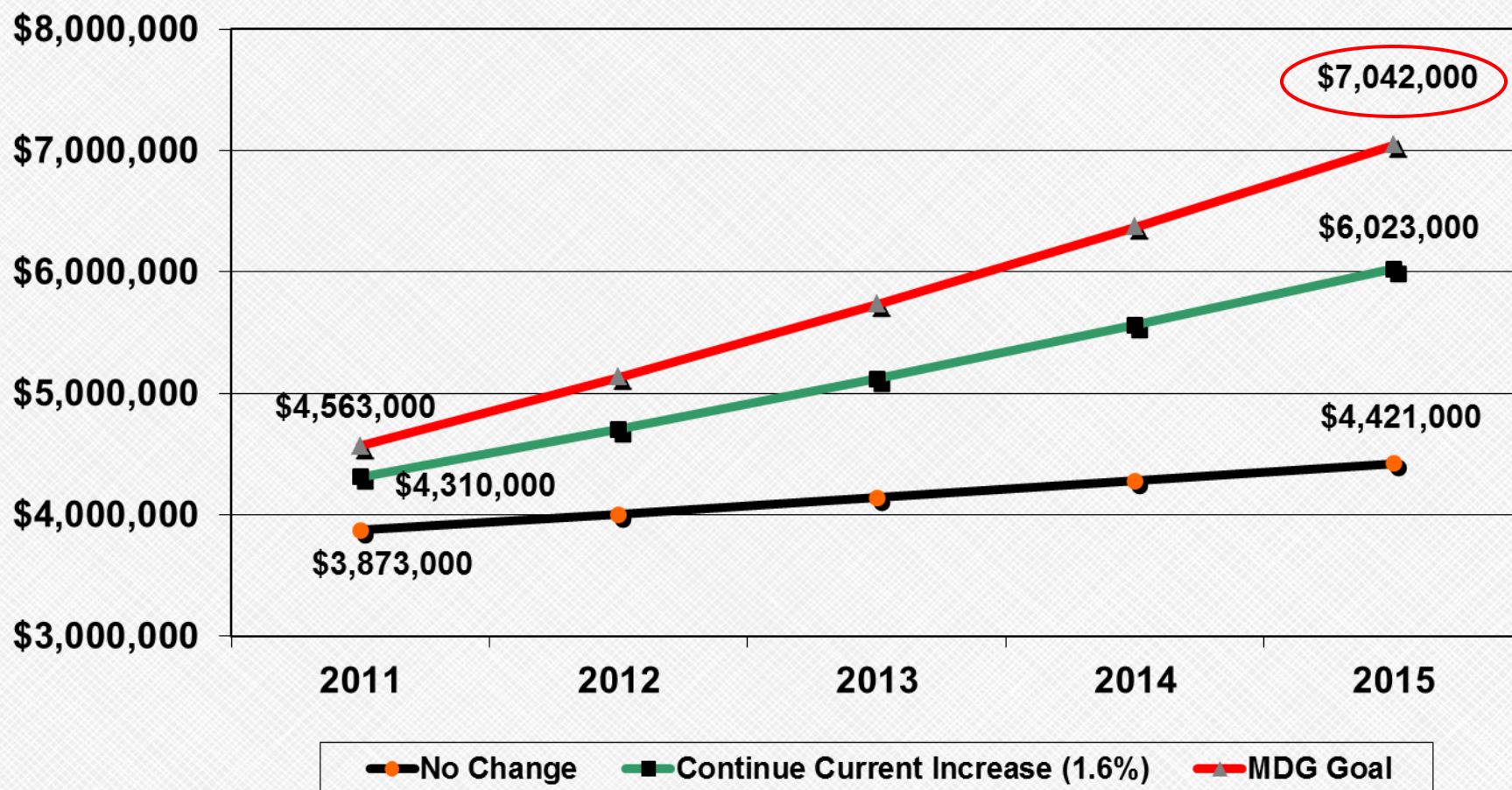
Ramifications: Number of FP users by scenario in 2015



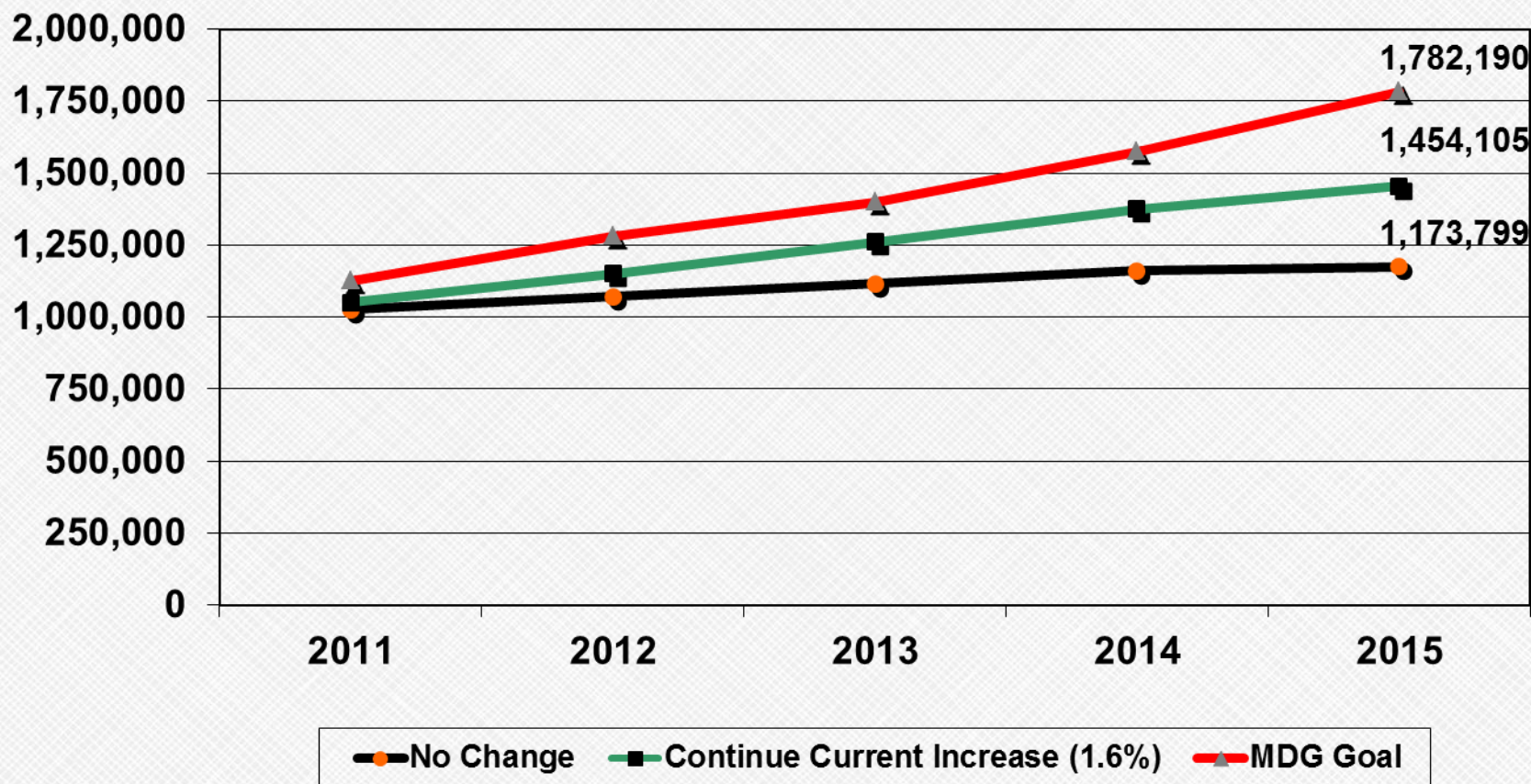
Service Site Caseload: Average number of clients per month in 1 District (Blantyre)

	Baseline	Scenario 1	Scenario 2	Scenario 3
Pill	1,104	1,272	1,488	1,920
Injectable	11,232	12,792	15,744	19,440
Male Condom	1,584	1,800	2,352	2,736
Female Condom	48	72	120	96
Implant	28	42	70	70
IUD	14	14	14	14
Female Sterilization	27	33	54	69

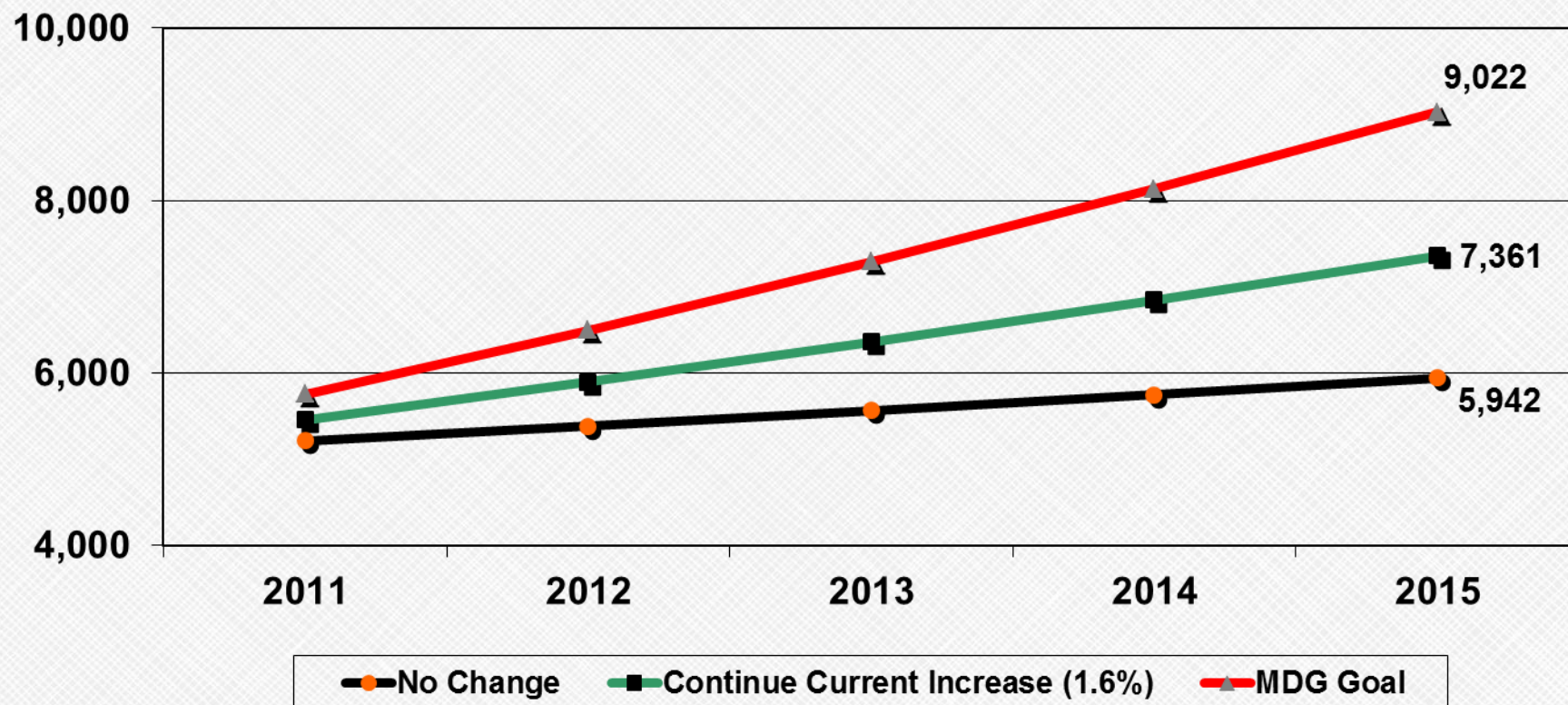
What will the scenarios cost? Annual contraceptive, equipment and supply costs



Unintended pregnancies averted



Maternal deaths averted



- No matter what scenario is chosen, solid planning and programming are essential for success.
- Meeting Client Reproductive Intentions is the central and driving force in successful family planning programs.



couples counseling



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