Use of COPE® Tool for Contraceptive Security in Tanzania

Richard Killian, MHCA Jane Wickstrom, MA EngenderHealth

Dr. A. Msuya (Meru District)
Dr. E. Athanase (Newala District)
MOHSW-Tanzania

International Conference on Family Planning Addis Ababa, Ethiopia November 14, 2013





Managing Partner: EngenderHealth; Associated Partners: FHI 360; Futures Institute; Johns Hopkins Bloomberg School of Public Health Center for Communication Programs; Meridian Group International, Inc.; Population Council





COPE for CS project goals

- Enhance partnerships using problem-solving COPE® approach for contraceptive security
- Improve access to all FP methods at "last mile"
- Disseminate results for learning and scale-up







Where was project implemented?

- Meru Arusha
- Newala Mtwara
- 26 health facilities
 - 2 District Hospitals
 - 4 Health centers
 - 20 Dispensaries
- Project initiated in June 2012

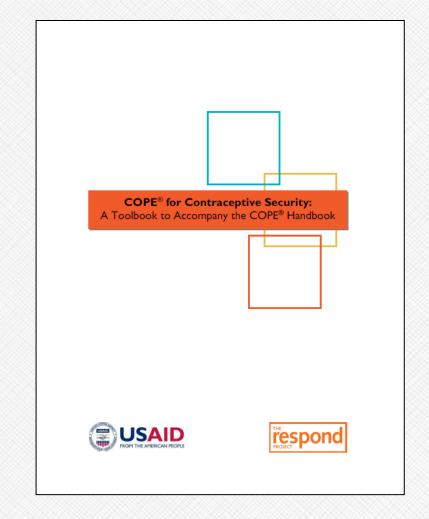






What was done?

- COPE® for CS developedapproved by MOHSW
- Baseline data collected
- COPE workshops held
- Action plans developed and implemented
- Districts shared results and learned from each other
- Two additional data collection exercises done







Baseline COPE initial findings

- Erratic stock levels were common
- Drug storage and labeling not high quality
- Lack of clarity on authority and decision-making for logistics and ordering system







Baseline findings (con't)



- Report and requisition (R&R) system from facility to Medical Stores Department not honored
- Stock received was often not in-line with needs
- Lack of trust up and down supply chain
- Ad hoc storage and delivery





COPE action plans developed

- Staff self-assessed and identified issues
- Action plans gave assignments, timing, and "ownership" of results to facility-level staff
- District-level support of the process important to solve issues within the larger system







Results: work processes improved



- Adherence to FEFO/FIFO
- Compliance with R&R schedule improved
- Proper drug arrangement and storage
- Stock wastage reduced from 3.8% to 2%





As one service provider noted.....

"Before, we would wait until the contraceptives ran out before we thought about filling out the R&R and requesting new drugs. Timeliness was not on our minds. Now, after COPE®, we understand our own responsibility to order. We didn't understand before that the shortages and stock-outs were our fault."

— Provider, Newala District







Clients' rights respected

- Reliable stocks increased confidence in clinic services
- Clients now aware of their rights since COPE emphasized this aspect of service
- Providers worked to ensure privacy, dignity and respect.







Provider needs addressed

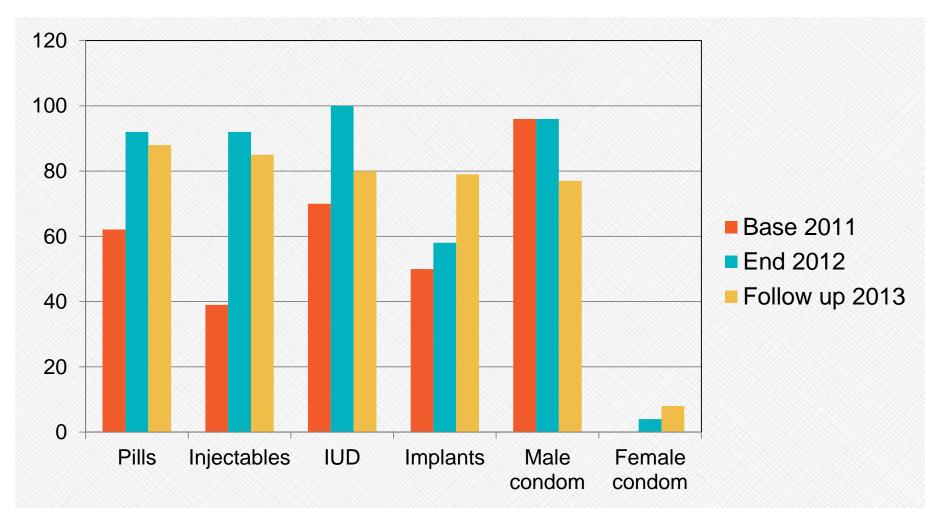
- On-the-job training for (implants)
- Infection prevention reviewed
- Understanding provider R&R responsibilities
- Community engagement







Overall improvement in access to FP methods

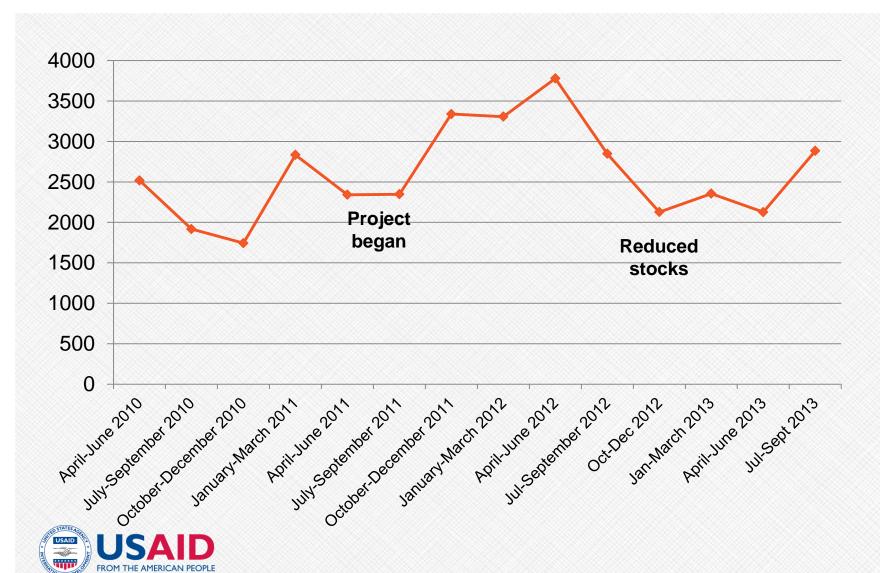




* Percentage of facilities able to provide each method with stock on hand, at time of each survey



New family planning clients in participating facilities





Shared learning opportunities



- Forum for cross-learning
 - Facilities present their achievements
 - Collective brainstorm for persistent challenges
 - Develop a "change package" with recommendations
- Professional Development
 - Learn from others & teach colleagues from on the job experience





District-to-district learning "success story"







Local investment in infection prevention

Incinerator at Newala Hospital before and after COPE implementation









Overall FP program and CS improved

- Improved supply of FP methods
- Stock management
- Use of data for decisionmaking and problemsolving techniques
- Increased client use and confidence in FP program







The future of COPE for contraceptive security

- Tanzania will incorporate COPE for CS into district supervision
- Malawi's national FP program will introduce COPE for CS this year
- COPE for CS trainers from Tanzania will train Malawian counterparts
- The COPE for CS tool is available for use worldwide





Managing Partner: EngenderHealth; Associated Partners: FHI 360; Futures Institute; Johns Hopkins Bloomberg School of Public Health Center for Communication Programs; Meridian Group International, Inc.; Population Council



www.respond-project.org

Photo credits: Slides 1, 9, 11, 15, and 17, Patricia Deignan. Slides 2, 3, 5, 6, 7, 8, 10, 14, and 16. Jaweer Brown/EngenderHealth.











